

IMCC Waiver & Release of Liability

In consideration of the risk of injury while participating in Hiking activities sponsored by the Insight Meditation Community of Charlottesville (IMCC), and as consideration for the right to participate in this activity, I enter into this waiver and release of liability and waive any and all claims arising out of my participation in this activity.

I am voluntarily participating in the Hiking activity and doing so entirely at my own risk.

I acknowledge that Hiking may involve a test of a person's physical and mental limits and may carry with it potential for harm or injury. I acknowledge that I have read this waiver and release and fully understand that it is a release of liability, and that I am responsible for initiating and participating in all aspects of this Hiking activity, to the extent that IMCC has no responsibility for any costs resulting from my participation due to injury or any other aspects of this activity.

Participant's Name

Date

Emergency Contact

Phone